

TIPS FOR MUSIC ENGAGEMENT

7 STRATEGIES TO FOSTER MEANINGFUL CONNECTIONS

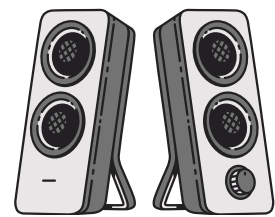


1) SET-UP ENVIRONMENT

- Comfortable & familiar space
- Somewhere quiet
- Minimal distractions

2) LISTENING DEVICES

- Test all equipment before use
- Use speaker for a shared experience
- Start volume low, increase as needed



3) OBSERVE

- Observe their reactions while music is playing
- Support & adapt as needed

4) ENGAGE

- Encourage simple movement while listening
- Move along with client
- Mirror their movements



5) MEANINGFUL DISCUSSION

- Use pictures
- Ask questions
 - Start with Y/N questions
 - Expand to open ended questions

6) RESPONSES TO MUSIC

- Meet them in the moment
- Allow them to lead experience
- It's ok to express multiple emotions at the same time
- There are no wrong feelings when it comes to music



7) CONSIDERATIONS

- It's ok if they choose not to listen to music
 - You can always change the song
 - Try again later in the day
- Crying and sadness are ok responses to music
- Support them in the moment and seek assistance as needed